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On the Vibe · Shyama

FROM THE **EDITOR**

This beautiful month of November is a gateway between seasons. We hope it's also a gateway to psychic transformation for each one of our valued clients. By tuning into the energies around us, we can uplift ourselves and the world around us.

It may be hard to believe, but Leonardo DiCaprio turns 42 this month. What psychic and astrological factors have transformed him from the world's biggest heartthrob into a mature, Oscar-winning actor and environmentalist?

Our popular psychic Andrea also reveals fresh insights on mindfulness, meditation, and the power of being present in everyday life. Finally, our psychic team discuss five of the world's strongest spiritual locations, and how their unique healing energies can benefit seekers around the world.

Are you curious about what the stars have in store for your Zodiac sign this month? We've got you covered with in-depth horoscopes. Our goal is to provide each client with guidance that's tangible, meaningful, personalized and transformative. That's what makes us the most respected psychic reading service in the USA, and we thank you for being a part of it!

Love and Light,

Lauren X

HOW DID YOU DISCOVER YOU WERE PSYCHIC, AND WHAT ARE YOUR TALENTS?

I have always been highly sensitive. Even as a child I had past life recollections and was drawn more to the spiritual realm than to earthly reality. I had experiences in my childhood and teenage years but did not acknowledge my psychic skills until much later. I am very visual so I often have visions - that's being clairvoyant. I am also clairaudient, meaning that I hear words, and claircogniscent meaning that I sometimes just know things!

WHAT PSYCHIC TOOLS DO YOU USE?

I work mainly with card decks. I trained in tarot for many years at the College of Psychic Studies. I also use oracle cards and am currently designing my own deck. I connect to Goddess in her various forms and especially through the Sacred Flame, a ghee lamp which I keep constantly burning on my altar. The Divine Mother is invoked in this flame for guidance, healing, protection and blessings. I also have a pendulum and crystals which I use in my work. Sometimes I may connect with loved ones who have passed, although I am not a medium per se. I have trained in both Eastern and Western methods of divination and like to merge my skills to come up with a holistic approach to a client's query.

WHY DO YOU ENJOY WORKING FOR CLEAR PSYCHICS?

I feel like I am making a real difference to people's lives while at the same time engaging in my passion to serve the Divine. It is the best of both worlds. Also I love that I am able to speak to clients all over the world and get a glimpse into different cultures and ways of being. Something that is very important to me is that Clear Psychics has a robust ethical approach to psychic work which both clients and staff appreciate. I love being part of a team of such highly talented people who genuinely care



CAN YOU TELL US ONE REMARKABLE STORY FROM A RECENT CLIENT?

This is a difficult question, as I believe that all readings are remarkable. The information comes from a higher power and it is wonderful to experience when a client leaves with a new perspective, with a way to step forward with hope. That is when I know that the sacred flame of hope has been lit for them too. A couple of clients come to mind: One a man who was asking when his son would get married, and another was a lady who was desperate for a baby after many losses. I told the first client that his son would be going on a pilgrimage to a place with a body of water before he would find his future wife. Within three weeks my client told me that his son had unexpectedly been given an opportunity to go on a trek to Lake Manasarovar at Mount Kailash in the Himalayas. Five months later, he got married. The lady client was given a very specific message about a child who was coming to her, even down to his name. A month later she was pregnant and went on to have a healthy baby boy.

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There are movie stars, there are superstars, and there is Leonardo. Following his performance in *Titanic*, the actor reached a level of fame rarely witnessed in the world. A comparison to the Beatles seemed the only way to do it justice, and the term *Leomania* was coined. The man behind Jack Dawson had quickly become not only the biggest star on the planet, but perhaps the biggest in history.

But this was a perilous place to be, and the possibilities for self-destruction were endless. Even if ego and excess didn't get to him, how would Leo redefine himself in the eyes of the public? How would he be able to convince people that he was more than a heartthrob with legions of adoring fans—that he was a serious actor with a long career ahead? Was there anywhere to go but down?

Obviously, the answer is yes. Leo navigated the hurricane of attention and became one of the steadiest and most respected actors in the business—culminating in a 2016 Oscar win for his role in *The Revenant*. But did all of this happen by accident, or did fate play a part? We can find important clues by examining Leo's astrological signature.

Leonard DiCaprio was born on the 11th of November, 1974 in Los Angeles. A Scorpio in the Chinese Year of the Tiger, his dark intensity would have been noticeable from the beginning. Combine this with a piercing physical beauty, characterized by a Libra ascendant and moon, and you have the makings of screen presence.

Both Scorpio and Tiger have strong ambitious and competitive qualities—just the sort of thing you need to survive in the Hollywood game. Although Leo had already earned an Oscar nomination by the age of 19, it wasn't until four years later that he began his ascent toward superstardom. When the young actor heard about a new film version of *Romeo and Juliet* directed by Baz Luhrmann, he bought his own ticket to Australia to meet the director.

This decision turned out to be fateful. DiCaprio's turn as Romeo captured the angst and beauty of youth, and struck a chord with the film's young audience. It also caught the eye of director James Cameron, whose plans for *Titanic* were beginning to take shape.

We all know what happened next. The question is, how did Leo survive it? One explanation is that he remained loyal to his closest friends, both famous and not, just as they remained loyal to him. These simple, unassuming relationships would have been hard to come by as the attention grew to nearly unbearable levels; but Scorpio is a notoriously loyal sign, and once it has established close relationships, it guards them fiercely. This would have played to Leo's advantage as he sought to stay grounded in the years following *Titanic*.

Leo's Tiger energy also came into play—not by curbing his out-of-control fame or causing him to shy away, but precisely the opposite. In nature, the Tiger prefers to dominate large landscapes with its strong presence. This is also true astrologically. Tiger natives are psychically equipped to operate on a large scale, both socially and financially. The confidence and strength Leo derived from this sign played no small part as he adjusted to the reality of being a globally recognised figure. By no means was he a saint—he remains notorious for his partying lifestyle, symbolised by Neptune in 3rd house Sagittarius.—but his Scorpio and Tiger natures, as well as his public dedication to ecology (Saturn in 10th house Cancer) provide a healthy balance.

A long-standing partnership with director Martin Scorsese, and a willingness to gamble on innovative projects with a variety of other directors, have ushered Leo into a new phase of his career. Winning an Oscar was an outward manifestation of what the world already knew: *Leomania* is over, but the actor himself has just gotten started.

Horoscopes

Check out today's horoscopes at clearpsychics.com/horoscopes.html



Aries

Jupiter and Saturn forge a really positive link all month, one which can see you forging all sorts of links with others. Some of these may be more to do with your interests or social life, but any person of real standing that you connect with can become a key part of your world. If you enjoy sport or group activities, these are boosted too this month by your go-getting ruler Mars.



Cancer

How you express yourself to others can evolve significantly at the start of this month. How others see you can also change, Cancer. Any talents that you have do though need to flourish. A hobby, craft or even home based business can also become more established in your situation. As Venus merges with Pluto in week three, romance becomes far more intense.



Taurus

The Sun begins November working through your sector of relating, and its link to Pluto from the 4th to the 10th is really significant. This can be a time when bonds deepen, and especially those that bless you with greater personal or worldly understanding. Solo? If you meet someone between the 22nd and 27th it may have some kind of fated quality attached to it.



Leo

The basic foundations of your world can evolve as the month begins, but you will grow in confidence around a natural talent of yours. Others can become more attuned to this too, and the feedback you receive help to increase the momentum. Romantically, week three sees a gorgeous link between Venus and Jupiter. Your sunny vibe can ignite someone's interest.



Gemini

The month starts brightly with Venus and Uranus angling up and encouraging you to connect with like minded people, and add sparkle to your social situation. Greater travel is possible from the 9th. Between the 21st and the 29th you can become much more serious minded about your closest relationships. Indeed, one can be intense and could reach make or break.



Virgo

Although there is a bright and bubbly vibe as this month begins, you could make some surprise changes to your home, and be keen to invite others around to enjoy these. If you share your abode with anyone, things could be tense in week three, but if so try to lighten the atmosphere. Do be clear in all you say as November winds down, someone could misunderstand you.

November

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Libra

You need to feel that the foundations of your world are getting stronger. But despite this, with Jupiter in your sign linking very constructively to the planet of form, Saturn all month, some new beginnings are possible, and ones where you feel more inspired. You could take a lead or re-train but with Mars urging you on from the 9th, love needs to both excite and nurture.



Capricorn

The things you do quietly behind the scenes can be just as impactful as more obvious moves. When Venus joins you on the 12th, love doubts can fade, and a new start is very possible as she moves past the tiny but powerful Pluto in week three. Yet if you have any hidden doubts, they need to surface then too, or the month can end with lots of mixed messages circulating.



Scorpio

The Sun and Mercury combine in your sign for the first half of the month. Use this to galvanise your plans. The Full Moon of the 14th may throw up a challenge, but there is nothing you like more. Pre-existing skills or an investment can also pay off quietly but helpfully. Money needs care in week three, and in love, your words are supercharged and someone can be dazzled.



Aquarius

Mars arrives in your sign on the 9th, and your ruler Uranus is influential too, especially in linking to Venus early in November. Your profile can also be higher, and though your worldly role can evolve early in the month, it will be your friendships and the sociable side of life which flourishes later in November. A secret admirer can be revealed in week three, and it can get full on.



Sagittarius

This is a very important month for you. The Sun returns to your sign on the 22nd, but both Venus and Mercury bless you with their presence at different times too. All this can see you keen to reinvigorate your existence, and with your ruler anchored by Saturn in your sign throughout, those plans you think through carefully can truly endure. Love gets more sultry in week three.



Pisces

Your two guide planets, Jupiter and Neptune remain influential, and the former can catapult you forwards in its link to the business-like Saturn, which can unlock your inner tycoon and extra responsibilities are possible in the last ten days. Does a friend mean more to you than you realised, or is a love affair more for comfort than passion? Week three asks you to decide.

Mindfulness Meditation by Psychic Andrea Hynes

It is a common misconception that all meditations are the same. Each technique has its own benefits for the individual. Scientific research has shown that various techniques of meditation differ in the mental process being used, the effects measured in the brain, and the effects on our individual lives.



So what makes mindfulness meditation different?

Mindfulness meditation is simply not about clearing and emptying your mind, but rather it is about calming, stabilising and training our minds to be more focused and aware in our everyday lives. You can bring mindfulness into your everyday activities, simply by tuning in to your individual senses which will help you to be more present and aware of what you are doing, rather than finding yourself lost in your emotional reaction and possibly over thinking any given situation.

The way mindfulness meditation is often practiced; is to sit with your eyes closed, cross-legged on either a cushion or a chair, with your back straight. However, I have found that simply by finding a comfortable position to either sit or lay is also fine. Start by concentrating on your breathing, paying attention to the movement of your abdomen as you breathe in and out. Concentrate on each individual breath. As thoughts come up, just leave them be. Rather concentrate on the object of the meditation – your breathing. You will notice that your mind has wandered, but in allowing yourself to just 'be in the moment' rather than dealing with that thought, you are accepting in a non-judgemental way, that it is ok to just let it go. Start for just 10 minutes a day, and slowly increase your time as you work up to more. With practice your connection with your breathing and being in the moment, can be extended into a more mindful awareness of your thoughts, feelings and actions.

How to bring mindfulness into your every day:

In our everyday lives, we all come upon situations that can seem like a personal attack, whether that is a person being rude or unkind, or even ignoring us completely. We can feel taken for granted, overworked and pulled in every direction. We can feel that we are not being seen in our true light. But we are also just as guilty of doing this to others. Our responses tend to be based on the emotion rather than the practical. We rarely take into account what the other person is going through, or even how our situation is being presented to others and in turn how it is could be read by them. In short we simply tend to react to how it is affected us. Mindfulness is about being aware that it is not all about us.

Mindfulness meditation can become a mental platform on which to build. With regular practice and with the ability to take the time out to calm one's own mind and thoughts, it will allow you to separate any given experience from the associated emotional response. This in turn will allow you to react to the same said situation with a mindful response rather than an emotional one. Thus, allowing you to focus on your own emotions, thoughts and sensations which are occurring in the present moment.

Mindfulness is a key skill for happiness and we can do it wherever we are.

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FIVE PSYCHIC POWER SPOTS AROUND THE WORLD

THE CONCEPT of energy centers is not limited to the human body. For thousands of years, people have recognised unique channels and centers in the earth—places where the spiritual energy is strong and free-flowing, where the veil between worlds is thin. Places with distinct healing and transformative qualities. Throughout history, people have journeyed to such places in order to cure illness, remove psychic blockages, or even reach enlightenment. From Delphi to Giza to Machu Picchu, there are too many spiritual power spots to mention—but here are five you should know about:



With its sun-baked temples dotting the shore along the Ganges river, Varanasi is the oldest living city in the world, with evidence of settlements dating back 4,000 years. Vedic texts call it the holiest city in all of India—a place where liberation or “moksha” can be attained. The Buddha gave his first sermon here, while the Hindu and Jain religions consider it the most purifying energetic power spot in the world.



This ancient, enigmatic structure on the Salisbury Plain has long been shrouded in mystery. Its construction predates the establishment of Varanasi, going back 7,000 years or more. The people who built it left no written records, and their methods of construction are not understood. Sophisticated astrological correlations are observed in the design, and many people who visit the site report powerful psychic sensations and healing energies.



An American psychic named Page Bryant coined the term “energy vortex” in reference to the spiritual energy in Sedona—but Native American peoples have long considered this a sacred place. It’s not hard to see why. The distinct red rocks and table formations are arresting, and people from all over the world travel to the area for its healing vibrations. There are four main vortexes and several others. Tours and maps abound—but the proof is in your experience.



Every year, millions of pilgrims pour into Lourdes seeking inspiration and healing from its mystical spring. It started in the mid 19th century, when a local peasant girl had visions of the Virgin Mary. She followed the divine apparition’s instructions to dig in a certain spot, a healing spring resulted. Here’s where it gets really interesting—there are thousands of documented cases of inexplicable healing as a result of bathing in the water. Is it faith, or something more?



Aoriginal peoples believe this distinctive rock is a dwelling place of creator gods and a source of Tiukurpa or “dreamtime.” They do not climb the rock out of respect for the spiritual forces that live there, but they have sought visions and healing at its base for thousands of years. Today, the rock attracts legions of modern spiritual seekers and researchers who study the mountain’s mystical power. Some tourists climb the rock against the wishes of native peoples.

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clearpsychics.com

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